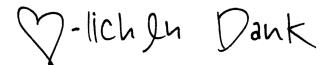




Please pick a table first, remember your table number, place your order, and pre-pay at the counter in our shop.

We will serve your drinks and food from the kitchen and will of course clear your table after your visit!



Thank you very much!



"vital-breakfast" Fr. 27.50

includes: 2 beverages (coffee, cappuccino, tea, herbal tea, hot chocolate, homemade ice tea...), 1dl freshly squeezed orange juice, 1 mini-birchermüesli, some fresh fruit, butter, homemade jam, 1 whole-grain croissant* and Slow Bread from the buffet.

"large breakfast" Fr. 24.50

includes: 2 beverages (coffee, cappuccino, tea, herbal tea, hot chocolate, homemade ice tea...), cooked ham and regional cheese, butter, homemade jam, 1 croissant* and Slow Bread from the buffet.

"small breakfast" Fr. 9.90

includes: 1 beverage (coffee, cappuccino, tea, herbal tea, hot chocolate, homemade ice tea...), butter, homemade jam, 1 croissant* and Slow Bread from the buffet.

*Croissants are available while stock last.

Please let us know if you have any dietaryrestrictions. We have oat milk available and gluten-free bread (deep-frozen) or little sweets in our shop.

Slow Bread buffet:

Breakfast

extras - why not!? (8.00am - 4.00pm)

Homemade Birchermüesli Our overnight oats are mixed with yoghurt, grated apples, hazelnuts, wipped cream & healthy berries.

Mini portion Fr. 5.90 only a few spoon full - honestly mini! Small serving Fr. 10.90 with butter and Slow Bread from the buffet Large serving Fr. 14.90 with butter and Slow Bread from the buffet

add whipped cream +Fr. 1.50

add homemade granola +Fr. 1.50

Soft boiled egg Fr. 4.50 1 free-range egg

Regional cheese selection Fr. 5.50

add pan-fried bacon +Fr. 5.50

add butter +Fr. 2.00

add homemade jam +Fr. 2.50

add seasonal fruit +Fr. 6.50

Slow Bread buffet:



Homemade Iced Tea black tea, herbal tea (mint, rosehip, fruit, lime blossom), freshly squeezed lemon juice & some sugar 3dl Fr. 4.50 5dl Fr. 4.80

Caffè Freddo Nonna 2.5dl Fr. 6.90 iced coffee with condensed milk, fresh milk & ice

Chai Latte hot 3dl Fr. 6.20

Iced Chai Latte 3dl Fr. 6.90

Vanilla Latte 2.5dl Fr. 6.80 vanilla, sugar, hot eslelepresso, steamed milk

Pommeralp Café 2.5dl Fr. 8.20 Hot Calvados 4cl (40 vol. % Alc.), caramel syrup, coffee & whipped cream



Replace our regional milk with European oat milk! +Fr. 0.50



Coffee with cream	2dl	Fr. 4.40
Americano	2dl	Fr. 4.20
Caffè latte	2dl	Fr. 4.60
Caffè latte large	4dl	Fr. 6.50
Espresso	0.5dl	Fr. 4.40
Double Espresso	1dl	Fr. 5.80
Cappuccino	2dl	Fr. 5.20
Flat White	2dl	Fr. 6.80
Latte Macchiato	2.5dl	Fr. 5.90
Espresso Macchiato	0.5dl	Fr. 4.60
Café Mélange with whipped cream	2.5dl	Fr. 5.90
Babyccino	0.5dl	Fr. 2.90



Replace our regional milk with European oat milk! +Fr. 0.50



Black, Green and Herbal Tea

Cup of tea 2dl Fr. 4.40 Pot of tea 4dl Fr. 9.50

Green tea "Long Jing" Green tea "Jasmin Pearl" "Medina" - green tea with peppermint Black tea Assam T.G.B.O.P. Black tea Earl Grey Edelweiss - mountain herbs Verbena Moroccan Mint Ginger & Lemon grass Rooibos & Vanilla Rooibos Lynn (fruity version) "Berner Rose" - fruit tea "Mélange Rouge" - fruit tea with mint



Our hot chocolates are prepared with proper chocolate and regional milk A truly delicious and very rich treat! Yummmie!

Grand Cru Chocolate "Milk" 38%	3dl	Fr. 6.80
Grand Cru Chocolate "dark" 65%	3dl	Fr. 6.80
Grand Cru Chocolate "extra dark" 72%	3dl	Fr. 6.80
White Chocolate "sweet" 35%	3dl	Fr. 6.80

add whipped cream + Fr. 1.50

Caffè Mezzo-Mezzo 2.5dl Fr. 7.80 Grand Cru Chocolate "Milk" 38%, with espresso & whipped cream on top.

Caotina powder chocolate cold 3dl Fr. 4.80 hot 2.5dl Fr. 4.60



Adelbodner mineral water,		
Rivella rot, Coke	5dl	Fr. 4.80
	3dl	Fr. 4.50
Rivella blau	3dl	Fr. 4.50
Coke Zero	3dl	Fr. 4.50
Grapefruit	3dl	Fr. 4.50
Tonic Water	2dl	Fr. 4.50
Apple Spritzer	3dl	Fr. 4.50
Apple Juice	5dl	Fr. 5.20
	3dl	Fr. 4.50
Apple-Blackcurrant	3dl	Fr. 4.80
Apple-Raspberry	3dl	Fr. 4.80
Apple-Quince	3dl	Fr. 4.80
Apple-Rhubarb	3dl	Fr. 4.80
Apple-Cherry	3dl	Fr. 4.80

Homemade Ice Tea black tea, herbal tea (mint, rosehip, fruit, lime blossom), freshly squeezed lemon juice & some sugar 3dl Fr. 4.50 5dl Fr. 4.80



Beer & wine

Bärgbier "hiesigs" Brewed in Adelboden light, unfiltered beer, 5 vol. % alcohol 3dl Fr. 5.60

Rugenbräu Panaché 60% lager beer, 40% lemonade, 2.9 vol. % alcohol 3dl Fr. 5.60

Red wine

Pinot Noir du Valc	iis, Swiss	
Cave St. Pierre	1dl	Fr. 4.80
	5dl	Fr. 18.50
Pinot Noir, Henri B AOC Aigle, Swiss		Fr. 9.50
White wine		
Petit Arvine AOC \	/alais.	
Gilliard, Sion, Swis		Fr. 6.20
	5dl	
Chasselas, Henri I		
Ollon, Swiss	2dl	Fr. 9.80
Gemin Prosecco,	Italy dry	
D.O.C. Spumanti		Fr. 14.50
D.O.O. opuniani	3.75dl	Fr. 28.00
	7.5dl	Fr. 38.60
	7.001	11.00.00
Aperol Sprizz	2dl	Fr. 12.50
made with Swiss white w		



Soup of the day please ask staff about our todays special

large serving Fr. 12.90

small serving Fr. 7.50

add 2 wiener sausages +Fr. 6.90

Chicken curry salad Minced Swiss chicken with green leaf salad and fresh fruits, house dressing. small Fr. 12.50 plate Fr. 16.90 bowl Fr. 23.50 Tuna salad MSC tuna with green leaf salad, egg, onions and house dressing.

small	Fr. 12.50
plate	Fr. 16.90
bowl	Fr. 23.50

Green leaf salad, house dressing. small Fr. 9.50 plate Fr. 12.90 bowl Fr. 18.90

Slow Bread buffet:





Snack platter:

Get a taste of our region on a platter: Cured sausage, young mountain cheese, fresh fruit, some savoury snacks made in our bakery and if desired our soup of the day. What more could you wish for?!

with a large soupFr. 21.50without soupFr. 15.90

Toasted Slow Bread:

we try to avoid food waste by giving our bread from the day before a second chance and transforming it into delicious toasted sandwiches.

Cheese bread Fr. 10.90 Cream cheese with fresh herbs, cherry tomatoes & black pepper

Hummus bread Fr. 10.90 Three kinds of homemade hummus (curry, spinach & beetroot) & olives

Mountain-dweller bread Fr. 10.90 Adelbodner mountain cheese & cured ham

Slow Bread buffet:



De 33ert5... (8.00am - 4.00pm)

Meringues homemade meringues with whipped cream and fresh fruit

mega	Fr. 15.80
midi	Fr. 11.50
mini	Fr. 9.80

add vanilla ice cream + Fr. 3.40

Haueter's Ice Cream Coffee Vanilla ice cream, coffee & wipped cream Fr. 12.00

Frappe 3dl Fr. 8.80 choose your favourite flavour and we will mix it with vanilla ice cream and fresh milk! -Cherry -Raspberry -Raspberry -Berry mix -Strawberry (seasonal) -Banana -Vanilla -Grand Cru chocolate -Coffee